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Current status of analysis methods used in Japanese acupuncture and moxibustion treatment

Tokyo Japan

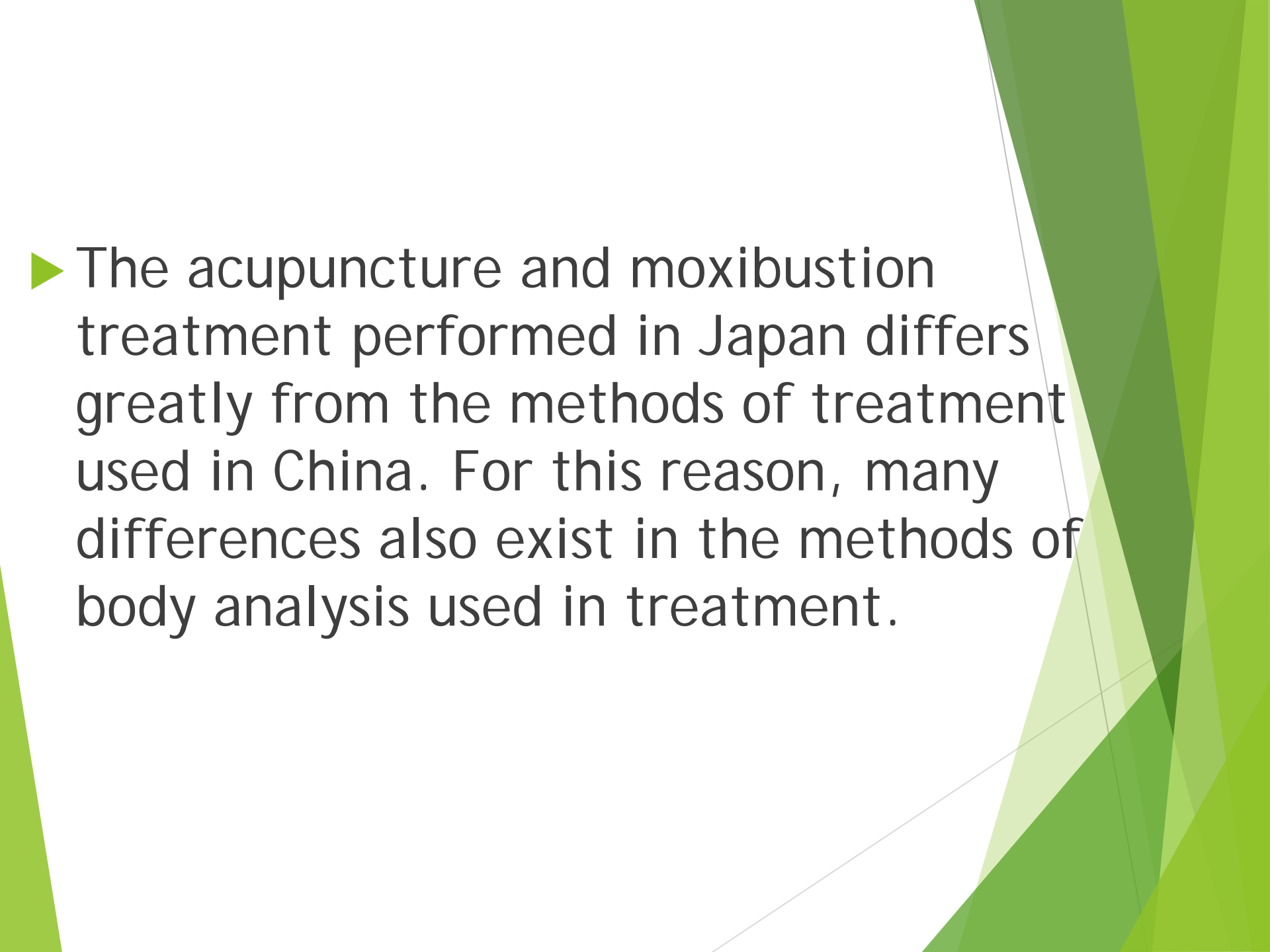
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Introduction

- ▶ Acupuncture and moxibustion treatment has been used in Japan since around 410, and thus dates back 1600 years or more.

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- ▶ The acupuncture and moxibustion treatment performed in Japan differs greatly from the methods of treatment used in China. For this reason, many differences also exist in the methods of body analysis used in treatment.

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- ▶ This presentation describes the body analysis methods of the acupuncture and moxibustion treatment performed in Japan.

Main Text

- ▶ Body analysis is carried out to determine treatment policy in acupuncture and moxibustion treatment. Since ancient times, information has been obtained from patients using four techniques of examination.

four techniques of examination

inspection

listening
and
smelling

inquiry

palpation

▶ The body analysis methods currently used in acupuncture and moxibustion treatment in Japan may be broadly divided into three.

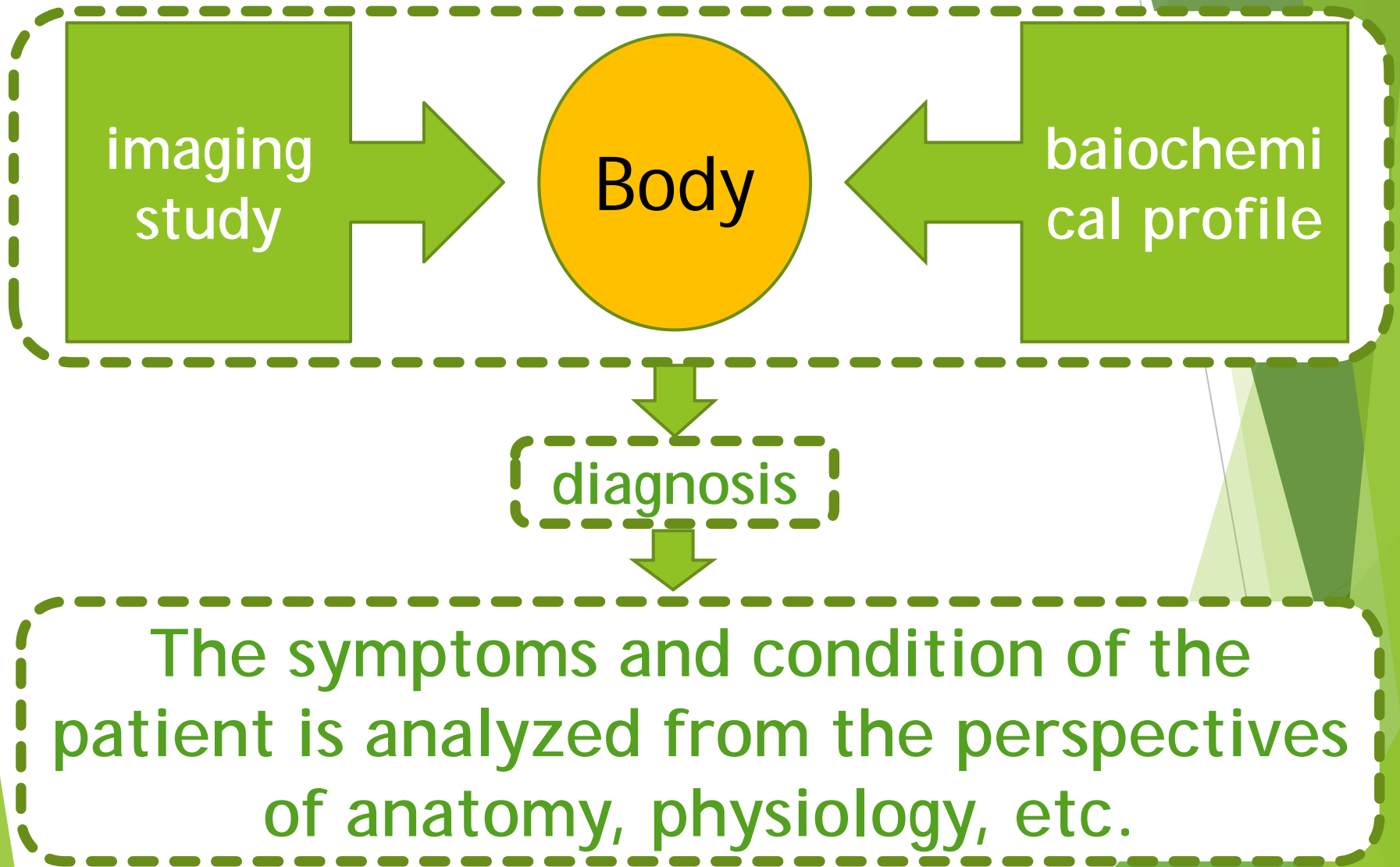
① those based on contemporary medicine

② those based on Chinese medicine

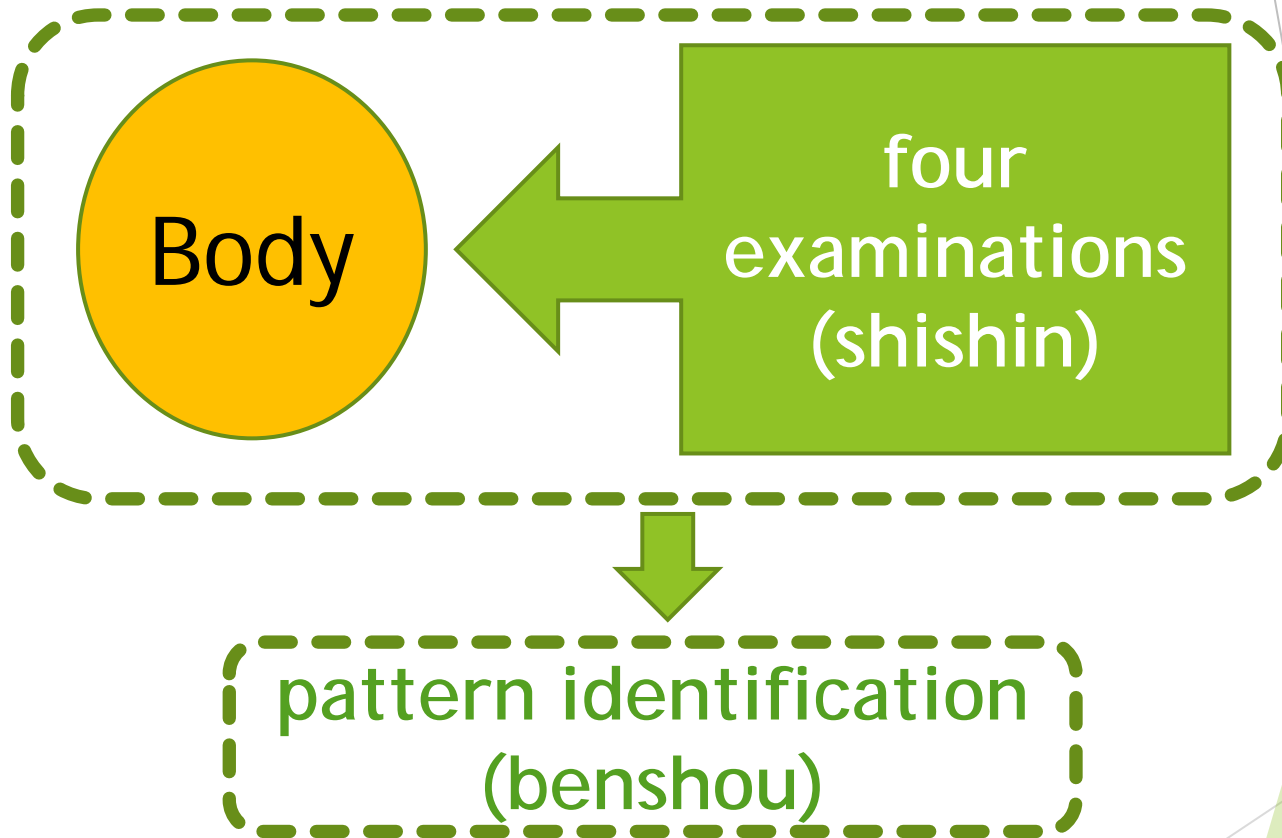
③ those based on

Japanese traditional medical art

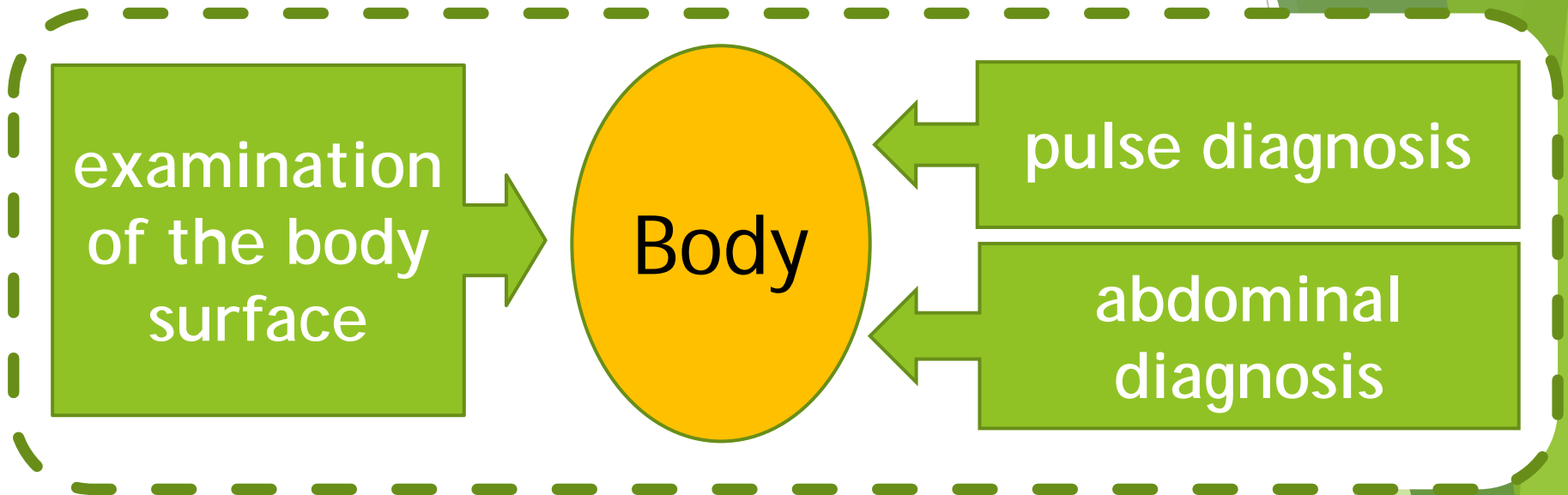
① based on contemporary medicine



② based on Chinese medicine



③ based on Japanese traditional medical art



- ▶ Numerous body analysis methods based on traditional acupuncture and moxibustion treatment procedures have been passed down in Japan.
- ▶ Among which, the above are regarded as important.

pulse diagnosis

- ▶ pulse quality diagnosis
- ▶ pulse position diagnosis



abdominal diagnosis



- ▶ spontaneous pain
- ▶ pressure pain
- ▶ Stiffness
- ▶ pulsating in the abdomen

examination of the body surface

- ▶ a condition of color and gloss of skin
- ▶ bulge of the skin or depression of the skin
- ▶ heat or cold of the skin
- ▶ Hardness or softness of the skin
- ▶ Having sweat or not

and so on

Discussion

Contemporary medicine
Chinese medicine

examination



body analysis



- diagnosis based on the contemporary medicine
- pattern identification

- ▶ Body analysis methods based on contemporary medicine and Chinese medicine are useful for constructing systems of diagnostics.

Contemporary medicine
Chinese medicine

examination



body analysis



- diagnosis based on the contemporary medicine
- pattern identification



treatment

▶ However, acupuncture and moxibustion treatment is characterized by the search for treatment points among the body surface.

▶ Considering the above, these body analysis methods cannot readily be described as having direct clinical relevance.

Japanese traditional medical art

information

pulse diagnosis

abdominal diagnosis

examination of
the body surface

- determining treatment points
- assessing the body immediately after treatment

- ▶ direct clinical relevance
- ▶ being easily reproducible

- ▶ Acupuncture and moxabusion treatment in japan have been passed down as japanese traditional medical art.
- ▶ The body analysis methods of japanese acupuncture and moxabustion treatment procedures are directly clinically relevant and easily reproducible.

Contemporary medicine
Chinese medicine

examination



body analysis



- diagnosis based on the contemporary medicine
- pattern identification



treatment

japanese traditional medical art

examination



body analysis



treatment

Systematization of Japanese body analysis methods would contribute to the worldwide spread of acupuncture and moxibustion therapy.

Conclusion

- ▶ I have reported the current status of body analysis methods used in Japanese acupuncture and moxibustion treatment.

Thank you
for
your attention!